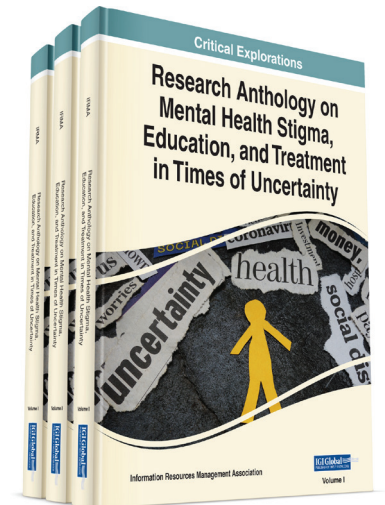


Research Anthology on Mental Health Stigma, Education, and Treatment in Times of Uncertainty

IRMA (USA)

Description:

In times of uncertainty and crisis, the mental health of individuals becomes a concern as added stressors and pressures can cause depression, anxiety, and stress. While there have always been stigmas surrounding mental health, the continued display of these biases can add to an already distressing situation for struggling individuals. It remains important for these issues to be addressed along with adequate education about mental health so that it becomes normalized and discussed in ways that are beneficial for society and those affected. Along with raising awareness of mental health in general, there should be a continued focus on treatment options, methods, and modes for healthcare delivery during uncertain times. With the incorporation of new technologies and creative services in times of crisis, there are continual advancements for spreading awareness, educating individuals, and providing knowledge and treatment to people with mental health conditions in times of uncertainty.



Research Anthology on Mental Health Stigma, Education, and Treatment in Times of Uncertainty

explores the latest research on the newest advancements in mental health, best practices and new research on treatment, and the need for education and awareness to mitigate the stigma that surrounds discussions on mental health. The chapters will cover new technologies that are impacting delivery modes for treatment, the latest methods and models for treatment options, how education on mental health is being both delivered and developed, and how mental health is viewed and discussed when society is facing uncertainty and crisis. It is a comprehensive view of mental health from both a societal and medical standpoint and examines mental health issues in children and adults from all ethnicities and socio-economic backgrounds and in a variety of professions, including healthcare, emergency services, and the military. This book is ideal for psychologists, therapists, psychiatrists, counsellors, religious leaders, mental health support agencies and organizations, medical professionals, teachers, researchers, students, academicians, mental health practitioners, and more.

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