

Techniques and Interventions for Play Therapy and Clinical Supervision

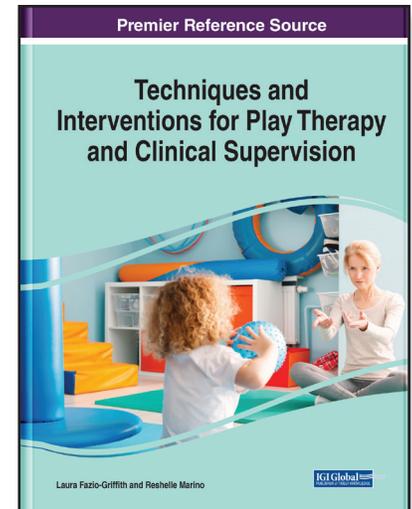
Part of the Advances in Psychology, Mental Health, and Behavioral Studies Book Series

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Description:

The use of expressive arts during the supervision process for graduate and post graduate counselors provides a host of benefits for the counseling student, post graduate intern, and supervisor. The counselor in training is able to experientially integrate theory with practice through the use of different modalities that provide reflection and insight into their work with clients. Additionally, the use of expressive arts allows a secure and strong supervisory relationship, which allows the counselor in training to explore personal and professional goals; verbalize and conceptualize client issues, goals, effective interventions; and develop counselor-client relationships that allow the client to progress in the therapeutic process. However, expressive arts and play therapy techniques are not often incorporated into the supervision process unless the clinician is a registered play therapist being supervised by a registered play therapist supervisor.

Techniques and Interventions for Play Therapy and Clinical Supervision is a critical reference source that provides an opportunity for all clinicians to incorporate play therapy techniques and expressive art interventions into the process of supervision. It presents techniques and methods that allow for more effective supervision for counselors in training, which allows for more effective service delivery to clients. Highlighting topics that include play techniques in supervision, cognitive behavioral play therapy, and trauma, this book is ideal for individuals in a university, clinical, school, agency, etc. setting who provides supervision for counselors in training, including graduate students and post graduate students. The book is an excellent supplement for clinical courses at universities with counseling programs and play therapy programs, as well as universities with graduate social work and psychology programs that have play therapy courses and provide play therapy supervision.



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Topics Covered:

Cognitive Behavioral Play Therapy
Counseling
Ethics
Expressive Arts

Multicultural Play Therapy
Play Techniques in Supervision
Supervision
Trauma

Subject: Social Sciences and Humanities

Classification: Edited Reference

Readership Level: Advanced-Academic Level
(Research Recommended)

Research Suitable for: Advanced Undergraduate Students; Graduate Students; Researchers; Academicians; Professionals; Practitioners

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