Multicultural Counseling Applications for Improved Mental Healthcare Services

Part of the Advances in Psychology, Mental Health, and Behavioral Studies Book Series

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Description:

The availability of practical applications, techniques, and case studies by international therapists is limited despite expansions to the fields of clinical psychology and counseling. As dialogues surrounding mental health grow in the East, it is important to maintain therapeutic modalities that ensure the highest level of patient-centered rehabilitation and care are met across global networks.

Multicultural Counseling Applications for Improved Mental Healthcare Services is an essential reference source that discusses techniques in addressing different religions and cultures in counseling and therapy. The research in this publication provides a platform and a voice for Eastern therapists to contribute to the body of knowledge and build a more robust therapeutic framework for practitioners worldwide. Featuring topics such as psychotherapy, refugee counseling, and women empowerment, this book is ideally designed for mental health professionals, counselors, therapists, clinical psychologists, sociologists, social workers, researchers, students, and social science academicians seeking coverage on significant advances in therapy, as well as the skills, challenges, and abilities that practitioners facing diverse populations must manage on a daily basis.


Topics Covered:

- Anger Management
- Cerebral Palsy
- LGBTQ+
- Marginalized Communities
- Play Therapy
- Psychology
- Psychotherapy
- Refugee Counseling
- Religion in Therapy
- Self-Esteem
- Women Empowerment

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Hardcover + E-Book: $320.00