

# Biopsychosocial Perspectives and Practices for Addressing Communicable and Non-Communicable Diseases

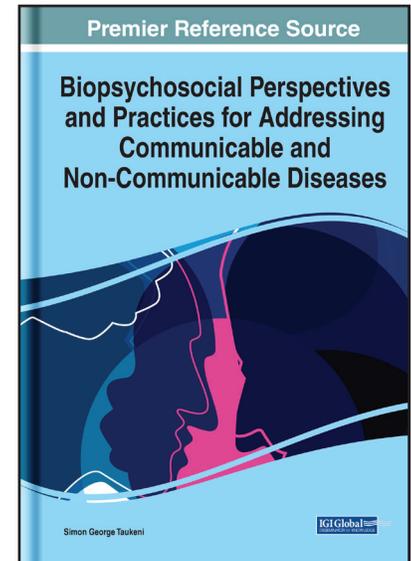
Part of the Advances in Medical Diagnosis, Treatment, and Care Book Series

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## Description:

While there are a number of clinical practices for treating a variety of diseases, there is an urgent need to integrate bio-psychosocial perspectives and practices in order to promote comprehensive healthcare. Current research reports that diseases such as HIV/AIDS, malaria, diabetes, cardiovascular diseases, and heart diseases are a growing threat to the health and quality of life of individuals across the globe. Considering that nearly all these diseases are directly related to the lifestyle of an individual, prevention and intervention should be devised to address psychological, emotional, social, and spiritual factors.

**Biopsychosocial Perspectives and Practices for Addressing Communicable and Non-Communicable Diseases** is a collection of theoretical research that promotes good health and quality of life through psychosocial interventions to address psychosocial problems facing individuals such as discrimination and stigma, stress, depression, alcohol and drug abuse, smoking, lack of physical activity, and many other socio-economic factors. While highlighting topics including mental health, traditional healthcare, and global health, this book is ideally designed for therapists, counselors, psychologists, medical professionals, hospital administrators, researchers, academicians, and students in fields that include public health, nursing, community-based healthcare, health psychology, HIV/AIDS education, human movement education, and sport psychology.



**ISBN:** 9781799821397

**Pages:** 300

**Copyright:** 2020

**Release Date:** April, 2020

**Hardcover:** \$265.00

**E-Book:** \$265.00

**Hardcover  
+ E-Book:** \$320.00

## Topics Covered:

Addiction  
Depression Management  
Drug Abuse  
Eating Disorders  
Global Health

Mental Health  
Preventative Care  
Public Health Systems  
Support Systems  
Traditional Healthcare

**Subject:** Medical, Healthcare, and Life Sciences

**Classification:** Edited Reference

**Readership Level:** Advanced-Academic Level  
(Research Recommended)

**Research Suitable for:** Advanced Undergraduate Students; Graduate Students; Researchers; Academicians; Professionals; Practitioners

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