Fostering an Ecological Shift Through Effective Environmental Education

## Fostering an Ecological Shift Through **Effective Environmental Education**

Part of the Advances in Environmental Engineering and Green Technologies **Book Series** 

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## **Description:**

In the face of our planet's escalating environmental crisis and climate change, humanity stands at a crossroads, urgently requiring a transformative response. The task of averting environmental destruction necessitates not only a shift in our economy and technology but, more fundamentally, a profound cultural transformation. This imperative transformation involves a collective move from the self-centered "Ego" to an ecologically conscious "Eco." To unravel the complexities of this metamorphosis, scholars are turning to the potent tool of environmental education, recognized for its capacity to foster personal and social growth while promoting environmental conservation. Enter Fostering an Ecological Shift Through Effective



As readers embark on this scholarly journey, the book reveals the profound psychological connection to nature achievable through environmental education. It scrutinizes the connection between heightened nature awareness and the adoption of sustainable practices, providing valuable insights for educators at various levels. The chapters traverse diverse topics, from the historical roots of environmental education to the role of indigenous knowledge, yoga, and eco-spirituality within nature education. The book's comprehensive approach extends to eco-therapy, forest school programs, and the influence of parents in environmental education. By scrutinizing case studies and global movements, this work illuminates the achievements and challenges of environmental education on both national and global scales.

Aiming to contribute significantly to the research community, Fostering an Ecological Shift Through Effective Environmental Education underscores the transformative potential of holistic nature education. Scholars will find a rich tapestry of topics, including models of environmental education within universities, its connection to the global youth environmental movement, and its impact on creating eco-friendly workplaces. With a forward-looking perspective, this book serves as a catalyst for sustainable cultural shifts, ensuring that environmental education remains at the forefront of academic discourse, policy-making, and practical implementation.

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## **Topics Covered:**

- Challenges in Environmental Education
- Concepts and Implementation of **Environmental Education**
- Eco-spirituality in Nature Education
- **Eco-therapy**
- Environmental Education and the Global Youth **Environmental Movement**
- Forest School Programs
- Global and National Achievements
- Historical Roots of Environmental Education

- Indigenous Knowledge's Role in **Environmental Education**
- Influence of Environmental Education on **Eco-friendly Workplaces**
- Models of Environmental Education in Universities
- Parents' Role in Environmental Education and Awareness
- Psychological Connection to Nature
- Public Education on Environmental Health
- Role of Yoga in Environmental Education

Subject: Environment & Agriculture Classification: Edited Reference

Readership Level: Advanced-Academic Level (Research Recommended)

Research Suitable for: Advanced Undergraduate Students; Graduate Students; Researchers; Academicians; Professionals; Practitioners

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