

Mental Health Intervention and Treatment of First Responders and Emergency Workers

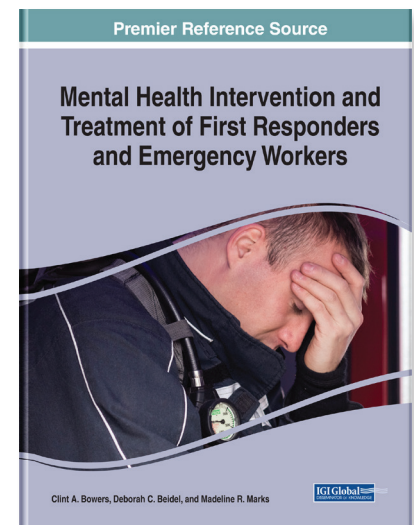
Part of the Advances in Psychology, Mental Health, and Behavioral Studies Book Series

Clint A. Bowers (University of Central Florida, USA), Deborah C. Beidel (University of Central Florida, USA) and Madeline R. Marks (University of Central Florida, USA)

Description:

The stress that comes with being a first responder has been known to lead to depression, anxiety, substance abuse, and suicide. However, few clinicians are informed about these health concerns and how to adequately treat them in this population. Therefore, there is an urgent need for practitioners to understand the latest information regarding treatments that will be useful to this specific population.

Mental Health Intervention and Treatment of First Responders and Emergency Workers is an essential reference source that focuses on the latest research for diagnosing and treating mental health issues experienced by emergency personnel and seeks to generate awareness and inform clinicians about the unique circumstances encountered by these professionals. While highlighting topics including anxiety disorders and stress management, this book is ideally designed for clinicians, therapists, psychologists, psychiatrists, practitioners, medical professionals, EMTs, law enforcement, fire departments, military, academicians, researchers, policymakers, and students seeking current research on psychological therapy methods regarding first responders.



ISBN: 9781522598039

Release Date: August, 2019

Copyright: 2020

Pages: 320

Topics Covered:

- Anxiety Disorders
- Burnout
- Cognitive Behavioral Therapy
- Critical Incident Stress Management
- Depression
- Exposure Therapy
- Family Issues
- Fit for Duty
- Mental Health
- Organizational Stress
- Peer Support
- Post-Traumatic Stress Disorder (PTSD)
- Resilience Training

Hardcover: \$255.00

E-Book: \$255.00

Hardcover + E-Book: \$305.00

Order Information

Phone: 717-533-8845 x100

Toll Free: 1-866-342-6657

Fax: 717-533-8661 or 717-533-7115

Online Bookstore: www.igi-global.com

Mailing Address: 701 East Chocolate Avenue, Hershey, PA 17033, USA