

# Interventions, Training, and Technologies for Improved Police Well-Being and Performance

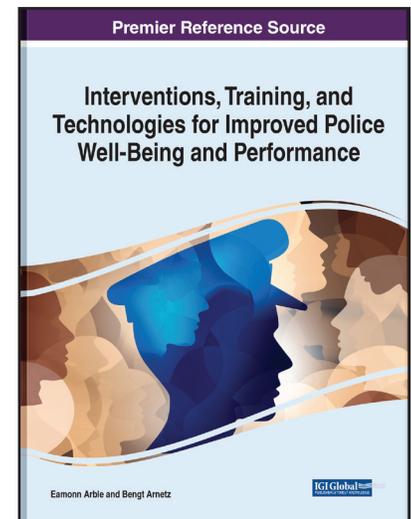
Part of the Advances in Criminology, Criminal Justice, and Penology Book Series

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## Description:

The need for evidence-based practice to enhance current and future police training and assessment has never been greater. This need focuses on the procedures and findings of research within the field of police work along with the philosophy guiding these research approaches and commentaries on the methods being used. With many future directions for the science of police training and assessment, the focus on new training techniques and technologies for improving performance is of the utmost importance to find the best current, evidence-based practices for policing. In addition to these practices, understanding the practical realities and challenges of implementing cutting-edge procedures is essential in gaining a holistic view on police well-being and performance.

**Interventions, Training, and Technologies for Improved Police Well-Being and Performance** provides a detailed and practical understanding of the field of evidence-based practices for the training and assessment of police officers. Additionally, it introduces the perspective of police officers themselves, whose views can sometimes be neglected. The chapters cover the current state of the field, an in-depth review of new strategies being employed among police officers, how new strategies can be implemented, and the potential future directions of policework. Specific topics include virtual reality in police training, police use of force, police-victim interactions, and mindfulness training amongst many more important areas of concern. This book is essential for law enforcement and associated personnel, trainers and academies, psychologists, psychiatrists, therapists, government officials, policymakers, practitioners, researchers, academicians, and students interested in the new training techniques, technologies, and interventions for police performance and well-being.



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## Topics Covered:

Behavioral Interventions  
Debriefing  
Decision-Making  
Law Enforcement  
Mental Health

Mindfulness Training  
Police Perception  
Police Reform  
Police Well-Being  
Police-Victim Interactions

Pressure Training  
Real-Time Assessment  
Scenario-Based Training  
Trauma  
Use of Force

**Subject:** Social Sciences and Humanities

**Classification:** Edited Reference

**Readership Level:** Advanced-Academic Level  
(Research Recommended)

**Research Suitable for:** Advanced Undergraduate Students; Graduate Students; Researchers; Academicians; Professionals; Practitioners

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