Research Insights

The Mental Health Effects of

Informal Caregiving
Emerging Research and Opportunities

Debra Gavin Ware and Tarnue John

The Mental Health Effects of Informal Caregiving: Emerging Research and Opportunities

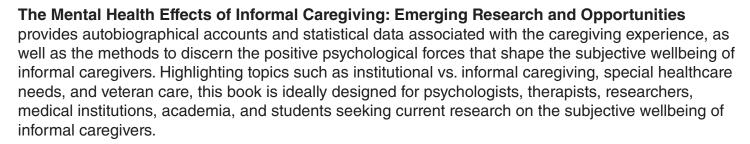
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Description:

Because progressive advancements to healthcare practices are leading to longer lifespans, an increased number of aging individuals now require constant care from practiced caregivers. The financial

costs of in-home care can be quite high; therefore, many families are opting to stand in as caregivers, and this can lead to various impacts on their own social and psychological wellbeing.



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Topics Covered:

- Institutional vs. Informal Caregiving
- Kohlberg's Developmental Theory
- Negative Consequences
- Positive Aspects
- Psychological Factors

- Public Policy
- Societal Challenges
- Special Healthcare Needs
- Subjective Wellbeing
- Veteran Care

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