

Scientific Concepts Behind Happiness, Kindness, and Empathy in Contemporary Society

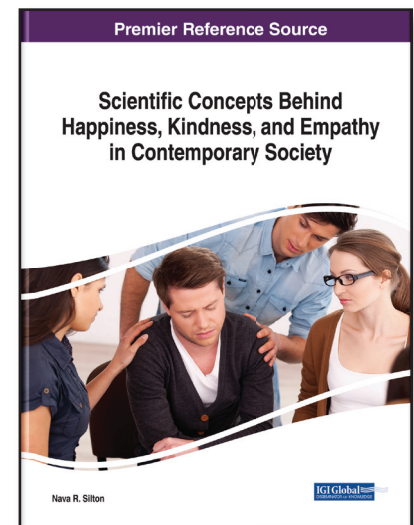
Part of the Advances in Psychology, Mental Health, and Behavioral Studies Book Series

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Description:

Significant progress has been made in the study of human psychology in recent years. However, the human pursuit of happiness through the use of scientific methods has yet to be fully examined.

Scientific Concepts Behind Happiness, Kindness, and Empathy in Contemporary Society is an essential reference source that offers in-depth studies that anchor concepts of happiness, kindness, wellbeing, and empathy from a scientific perspective. Featuring research on topics such as cognitive revolution, neurobiology of wellbeing, and rational emotive behavior therapy, this book is ideally designed for sociologists, academicians, psychology professionals, researchers, and graduate-level students seeking scientific coverage on happiness, kindness, and empathy.



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Topics Covered:

- Adolescence
- Altruism
- Cognitive Revolution
- Existential Psychology
- Gene Expression
- Intrapersonal System
- Personality
- Positive Psychotherapy
- Reciprocity

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