

Managing Screen Time in an Online Society

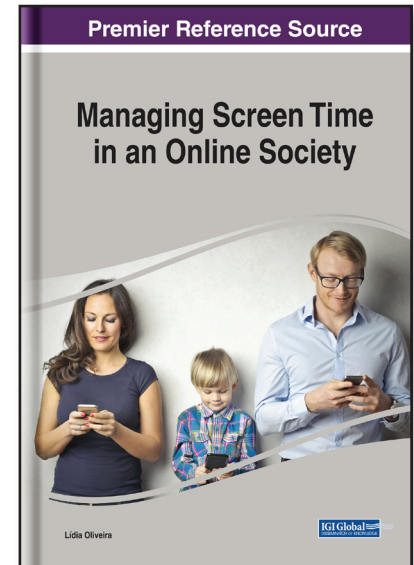
Part of the Advances in Human and Social Aspects of Technology Book Series

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Description:

The number of hours individuals spend in front of screens, such as smartphones, televisions, computers, and tablets, is enormous in today's society because screen time plays a very important role in work contexts and an even more significant role in social interaction and cultural consumption. This almost compulsive relationship with screens is more evident in children and young people and can have a lasting impact on how a society approaches screen time.

Managing Screen Time in an Online Society is a collection of innovative research on how screen time seduces the person to stay in the online interaction leaving her/him in a state of alienation from her/his face-to-face context. While highlighting the methods and applications of time management in the context of screen time, especially during leisure, social interaction, and cultural consumption, this book covers topics including media consumption, psychology, and social networks. This book is ideal for researchers, students, and professionals seeking emerging information on the relationship between online interaction and personal relationships.



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Topics Covered:

- Digital Age
- Ecology
- High-Speed Society
- Information Technology
- Media Consumption
- Psychology
- Screen Culture
- Social Networks
- Sociology
- Time Studies
- Video Games

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