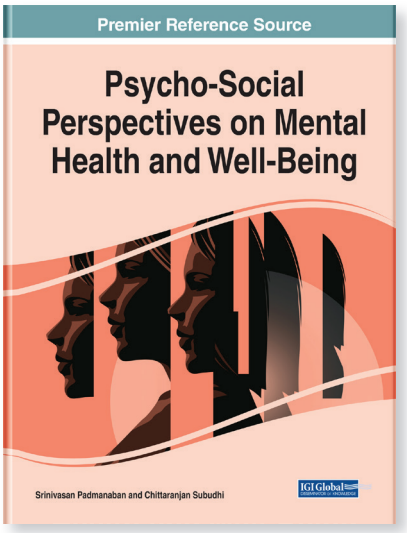
Psycho-Social Perspectives on Mental Health and Well-Being



Part of the Advances in Psychology, Mental Health, and Behavioral Studies Book Series

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Description:

There is a long tradition of practicing positive well-being through state, religion, seers, traditional medical practitioners, yoga practitioners, etc. With the advent of science and technology, individuals have begun to incorporate modern practices with traditional practices to improve the general state of health in society. However, more research needs to be done regarding physical, social, and emotional medical methods and practices.

Psycho-Social Perspectives on Mental Health and Well-Being is a collection of comprehensive knowledge on health, mental health, spirituality, and its impact on well-being. While highlighting topics including emotional health, positive psychology, and spirituality care, this book is ideally designed for psychologists, therapists, psychiatrists, counsellors, social workers, nurses, medical practitioners, mental health professionals, students, researchers, and academicians seeking current research on a wide range of theories, models, and practices for the promotion of well-being.

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Topics Covered:

- Autism Disorders
- Emotional Health
- Healthcare Administration
- Medical Diagnosis
- Mental Illness
- Positive Psychology
- Psychiatry
- Quality of Life
- Spirituality Care
- Student Well-Being

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