

Global Perspectives on Maritime Occupational Wellness

Part of the Advances in Logistics, Operations, and Management Science Book Series

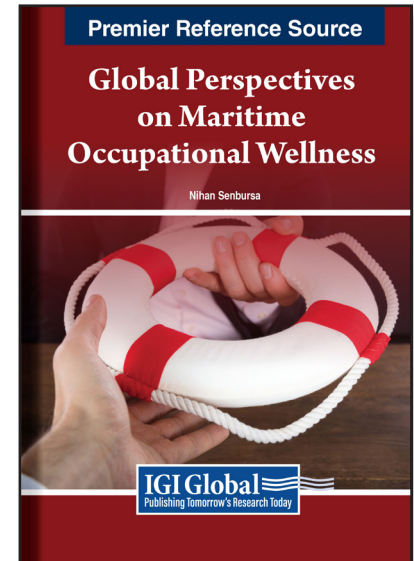
Nihan Senbursa (University of Ordu, Turkey)

Description:

The maritime industry often overlooks the well-being of its employees despite the demanding nature of their work. Seafarers face unique challenges, including long periods away from home, high-stress levels, and limited access to healthcare services. These factors can lead to physical and mental health issues, affecting not only the individuals but also the safety and efficiency of maritime operations. Current research on maritime employees' wellness needs to be improved, leaving a crucial gap in understanding and addressing these challenges.

Global Perspectives on Maritime Occupational Wellness provides a comprehensive solution by offering in-depth research and practical strategies to improve the well-being of maritime employees. We delve into seafarers' behavioral and psychological aspects, examining their work environment's impact on their mental and physical health. Through expert insights and innovative ideas, we aim to equip senior executives, HR professionals, and maritime industry leaders with the knowledge and tools to support their employees effectively.

By addressing topics such as occupational health and safety, mental health care at sea, and the impact of ship conditions on quality of life, this book serves as a vital resource for anyone involved in the maritime industry. Whether you're a researcher, scholar, or practitioner, this book offers valuable insights and practical advice to promote maritime employees' well-being and enhance maritime operations' overall sustainability and success.



ISBN: 9781668492192

Pages: 310

Copyright: 2024

Release Date: July, 2024

Hardcover: \$295.00

E-Book: \$295.00

**Hardcover +
E-Book:** \$355.00

Topics Covered:

- E-Health Applications at Sea
- Exercise Management and Work Performance
- Health Advice for Seafarers
- International Safety Management
- Severe Mental Health Concerns on Board
- Occupational Health and Safety
- Online Mental & Physical Health Care at Sea
- Seafarer's Workload, Stress, Anxiety, Sleep, Burnout, and Fatigue
- Seafarer's Occupational Well-being
- Impact of Ship Conditions on Quality of Life

Subject: Business & Management

Classification: Edited Reference

Readership Level: Advanced-Academic Level
(Research Recommended)

Research Suitable for: Advanced Undergraduate Students; Graduate Students; Researchers; Academicians; Professionals; Practitioners

Order Information

Phone: 717-533-8845 x100

Toll Free: 1-866-342-6657

Fax: 717-533-8661 or 717-533-7115

Online Bookstore: www.igi-global.com

Mailing Address: 701 East Chocolate Avenue, Hershey, PA 17033, USA