## **Insights on Wellbeing and Happiness** in the Workplace

Part of the Insights on Wellbeing and Happiness in the Workplace Book Series

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## **Description:**

Employees' well-being and happiness are often overlooked in today's fast-paced and competitive work environments. This can lead to decreased productivity, high turnover rates, and a negative impact on organizational success. Despite the growing recognition of the importance of employee well-being, many organizations need help implementing effective strategies to support it. This gap in understanding and action calls for a comprehensive resource that can provide insights, methods, and frameworks to enhance well-being and happiness in the workplace.



**Insights on Wellbeing and Happiness in the Workplace** solves this pressing challenge. This book serves as a guiding light for researchers, students, and decision-makers alike by offering a collection of thoughts, insights, and discussions. It delves into the latest theories and concepts about employee well-being and happiness, offering practical guidance on how organizations can create a positive work environment that fosters employee satisfaction and engagement. Additionally, the book provides valuable insights into the implications of well-being and happiness in the workplace, helping organizations formulate policies and frameworks that prioritize employee well-being.

This edited book is not just a resource for academics and researchers; it is a practical, comprehensive tool for organizations seeking to enhance employee satisfaction and productivity. It provides a detailed roadmap for strategic decision-making and policy formulation, empowering organizations to create a workplace culture that values and prioritizes employee wellbeing and happiness. With its comprehensive coverage of critical topics and its practical, reliable approach, Insights on Wellbeing and Happiness in the Workplace is set to become an indispensable resource for anyone interested in fostering a positive work environment.

ISBN: 9798369329399 Pages: 310 Copyright: 2025 Release Date: July, 2024

Hardcover: \$295.00 E-Book: \$295.00 Hardcover + E-Book: \$355.00

## **Topics Covered:**

- Employee Happiness
- Employee Wellbeing
- Future Trends
- Organizational Policies
- Positive Work Environment

(Research Recommended)

Practices

- Psychological Wellbeing
- Wellbeing
- Workplace Culture
- Workplace Policies
- Workplace Satisfaction

Subject: Business & Management Classification: Edited Reference

Readership Level: Advanced-Academic Level Research Suitable for: Advanced Undergraduate

Students; Graduate Students; Researchers; Academicians; Professionals; Practitioners

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