## **Exploring the Pressures of Medical Education From a Mental Health and Wellness Perspective**

Part of the Advances in Medical Education, Research, and Ethics Book Series

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## **Description:**

Discussions surrounding mental health are becoming more prominent and these conditions are becoming less stigmatized. Studying the effects that mental wellness has on students within the medical field can provide an insider perspective on this critical topic.

# Exploring the Pressures of Medical Education From a Mental Health and Wellness Perspective

### **Exploring the Pressures of Medical Education From a Mental**

**Health and Wellness Perspective** is a critical reference source that examines the mental and emotional problems that arise with students practicing in the medical field. Featuring relevant topics such as student burnout, cognitive learning, graduate education, and curriculum development, this scholarly publication is ideal for medical practitioners, academicians, students, and researchers that are interested in staying apprised of the latest trends and developments relating to mental wellness.

**ISBN:** 9781522528111 **Release Date:** October, 2017 **Copyright:** 2018 **Pages:** 335

## **Topics Covered:**

- Cognitive Learning
- Curriculum Development
- Graduate Education
- Medical Residents
- Physician Training
- Student Burnout
- Student Health
- Wellness Initiatives

Hardcover: \$225.00 E-Book: \$225.00

Hardcover + E-Book: \$270.00