

# Nutraceuticals and Innovative Food Products for Healthy Living and Preventive Care

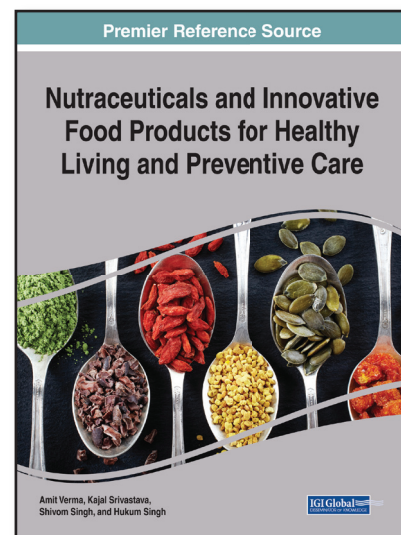
Part of the Advances in Human Services and Public Health Book Series

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## Description:

The proper nutrition can aid disease prevention and ensure an overall healthy lifestyle. In nutrition, certain natural and processed foods are particularly useful in achieving and maintaining health goals.

**Nutraceuticals and Innovative Food Products for Healthy Living and Preventive Care** is a comprehensive reference source for the latest research findings on food components that provide health and medical benefits, including the prevention, treatment, and cures for numerous diseases. Featuring extensive coverage on relevant areas such as functional foods, alternative medicine, and nutrition, this publication is an ideal resource for medical practitioners, nutritionists, upper-level students, researchers, and academicians seeking information on the use of food products in health management.



**ISBN:** 9781522529705

**Release Date:** November, 2017

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**Pages:** 350

## Topics Covered:

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- Product Development

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