

Supporting Psychological and Emotional Wellbeing Among Entrepreneurs

Part of the Advances in Psychology, Mental Health, and Behavioral Studies Book Series

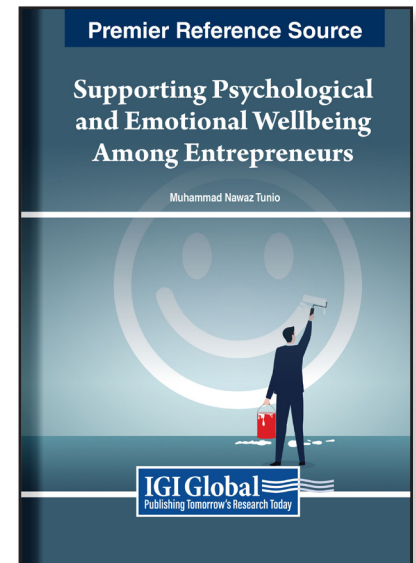
Muhammad Nawaz Tunio (University of Sufism and Modern Sciences, Pakistan)

Description:

Entrepreneurs today face many challenges, from fierce competition to economic uncertainties. Yet, amidst these external pressures, the internal struggles of maintaining psychological and emotional well-being are often overlooked. This neglect not only affects entrepreneurs personally but also profoundly impacts their businesses. Female entrepreneurs, in particular, face unique hurdles that can significantly impact their mental peace and hinder their success.

Supporting Psychological and Emotional Wellbeing Among Entrepreneurs presents a timely solution, urging researchers and practitioners to reevaluate the importance of mental health in entrepreneurship. By exploring topics such as stress management, harassment, and promoting positive work environments, the book offers concrete strategies to enhance entrepreneurs' well-being. Through a comprehensive examination of social and moral values in entrepreneurship, it seeks to equip entrepreneurs and stakeholders with the tools needed to create supportive and empowering work environments.

By focusing on practical solutions and academic insights, this book becomes crucial resource for entrepreneurs, financial institutions, educational institutions, business incubators, students, teachers, and researchers. Addressing the psychological and emotional well-being of entrepreneurs improves individual mental health and contributes to the overall success and sustainability of businesses.



ISBN: 9798369336731

Pages: 300

Copyright: 2024

Release Date: August, 2024

Hardcover: \$295.00

E-Book: \$295.00

**Hardcover +
E-Book:** \$355.00

Topics Covered:

- Abusive Work Environments
- Emotional Wellbeing
- Harassment at Workplace
- Healthy Work Environment
- Mental Peace
- Psychological Wellbeing
- Social and Moral Values
- Stress Management

Subject: Business & Management

Classification: Edited Reference

Readership Level: Advanced-Academic Level
(Research Recommended)

Research Suitable for: Advanced Undergraduate Students; Graduate Students; Researchers; Academicians; Professionals; Practitioners

Order Information

Phone: 717-533-8845 x100

Toll Free: 1-866-342-6657

Fax: 717-533-8661 or 717-533-7115

Online Bookstore: www.igi-global.com

Mailing Address: 701 East Chocolate Avenue, Hershey, PA 17033, USA