

The Emotional Self at Work in Higher Education

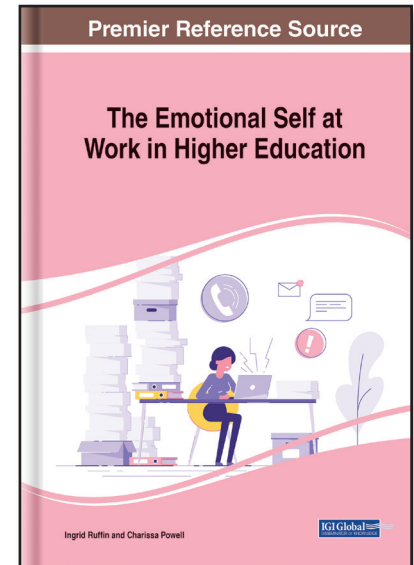
Part of the Advances in Higher Education and Professional Development Book Series

Ingrid Ruffin (University of Tennessee Knoxville, USA) and Charissa Powell (University of Tennessee Knoxville, USA)

Description:

The many and varied challenges facing higher education include a culture of publish or perish, increased course loads without more pay or benefits, increased pressure on institutions to compete for students, budget cuts, a political atmosphere targeting higher education, and continued systemic inequities. Those who work in higher ed are under more stress today than ever before. It has never been more important to understand and address the emotional self at work in higher education.

The Emotional Self at Work in Higher Education is an essential research publication that generates conversations around the practical implementation of healthy emotional workspace practices in the sphere of higher education and investigates tools, frameworks, and case studies that can create a sustainable and healthy work environment. It moves beyond addressing emotional intelligence to addressing the awakening of a greater sense of the emotional self. Featuring a wide range of topics such as distance education, mindfulness, and artificial intelligence, this book is ideal for educators, researchers, academicians, administrators, and students.



ISBN: 9781799835196

Pages: 300

Copyright: 2020

Release Date: June, 2020

Hardcover: \$195.00

Softcover: \$150.00

E-Book: \$195.00

Hardcover + E-Book: \$235.00

Topics Covered:

Artificial Intelligence
Distance Education
Emotional Intelligence
Empathy
Identity

Mental Health
Mentoring
Mindfulness
PTSD
Telepresence

Subject: Education

Classification: Edited Reference

Readership Level: Advanced-Academic Level
(Research Recommended)

Research Suitable for: Advanced Undergraduate Students; Graduate Students; Researchers; Academicians; Professionals; Practitioners

Order Information

Phone: 717-533-8845 x100

Toll Free: 1-866-342-6657

Fax: 717-533-8661 or 717-533-7115

Online Bookstore: www.igi-global.com

Mailing Address: 701 East Chocolate Avenue, Hershey, PA 17033, USA