Healing Through the Arts for Non-Clinical Practitioners

Part of the Advances in Medical Technologies and Clinical Practice Book Series

Jenny Bopp (Westtown School, USA), Amy M. Grebe (Zinnia Consulting and Design, USA) and Joanna Hope Denny (Pellissippi State Community College, USA)

Description:
Time and time again the arts have been called on to provide respite and relief from fear, anxiety, and pain in clinical medicinal practices. As such, it is vital to explore how the use of the arts for emotional and mental healing can take place outside of the clinical realm.

Healing Through the Arts for Non-Clinical Practitioners is an essential reference source that examines and describes arts-based interventions and experiences that support the healing process outside of the medical field. Featuring research on topics such as arts-based interventions and the use of writing, theatre, and embroidery as methods of healing, this book is ideally designed for academicians, non-clinical practitioners, educators, artists, and rehabilitation professionals.

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Topics Covered:
- Arts-Based Therapy
- Cognitive Science
- Depression
- Drama Therapy
- Post-Traumatic Growth
- Post-Traumatic Stress Disorder
- Rehabilitation
- Self-Development Theory
- Service-Learning

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Hardcover + E-Book: $305.00