

# Development and Treatment of PTSD

Part of the Advances in Medical Diagnosis, Treatment, and Care Book Series

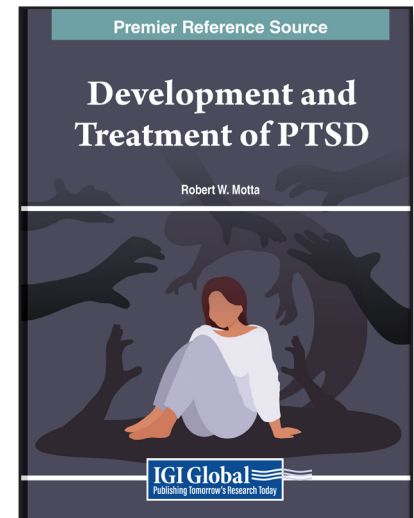
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## Description:

Post-Traumatic Stress Disorder (PTSD) remains a significant mental health challenge, with a broad range of causes and complex influencing factors beyond traditional war-related trauma. Despite advancements in understanding, there is still controversy surrounding the efficacy of various treatment approaches, including both conventional methods like Cognitive Behavioral Therapy (CBT) and non-traditional techniques such as yoga and psychoactive drugs. This complexity highlights the need for a comprehensive resource that not only updates professionals on the latest research but also addresses the diverse causes and manifestations of PTSD, including social, racial, and economic factors.

**Development and Treatment of PTSD** offers a solution by providing up-to-date information, theories, and interventions for PTSD. Unlike many existing resources that focus narrowly on specific traumatic events, this book expands its scope to encompass a wide array of causes, triggers, and contributors to PTSD, including interpersonal dynamics and societal influences. By exploring both traditional and non-traditional interventions, the book equips mental health professionals, medical personnel, and counselors with a holistic understanding of PTSD and its treatment options.

This book is essential for psychologists, psychiatrists, social workers, counselors, medical personnel involved in trauma care, and professionals working in clinical and school settings. By offering a comprehensive perspective on PTSD, it not only updates readers on the latest research but also provides practical insights and strategies for intervention. Additionally, the accessible writing style ensures that the book is valuable to the informed public, particularly those interested in understanding and supporting individuals affected by PTSD.



**ISBN:** 9798369320891

**Pages:** 320

**Copyright:** 2024

**Release Date:** June, 2024

**Hardcover:** \$415.00

**E-Book:** \$415.00

**Hardcover +  
E-Book:** \$500.00

## Topics Covered:

- Acceptance and Commitment Therapy
- Behavioral and Phenomenological Definitions of PTSD
- Cases Where Intervention is Not Recommended
- Causes of PTSD
- Cognitive Behavioral Therapy
- Efficacy of PTSD Interventions
- Incidence of PTSD
- Intra and Interpersonal Contributors to PTSD
- Medical Procedures for PTSD Treatment
- Non-traditional Interventions for PTSD
- Personality Characteristics and PTSD
- Psychoactive Substances in PTSD Treatment
- PTSD Triggers
- Racial, Social, and Economic Factors in PTSD
- Traditional Interventions for PTSD

**Subject:** Medicine & Healthcare

**Classification:** Edited Reference

**Readership Level:** Advanced-Academic Level  
(Research Recommended)

**Research Suitable for:** Advanced Undergraduate Students; Graduate Students; Researchers; Academicians; Professionals; Practitioners

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