

Advancing Interpersonal Emotion Regulation and Social Regulation

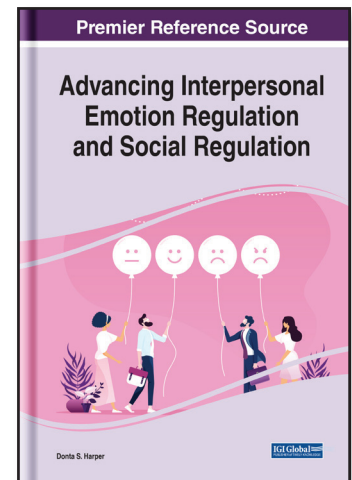
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Description:

Managing emotions independently contributes to our own emotional intelligence and our ability to manage other people's emotions effectively. The management of others' emotions is a new phenomenon, and its research offers insight into this effective tool.

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advances the understanding of how regulators affect other people's emotions and identifies the skills needed to be an effective emotion manager of others' emotion-elicited events. It expands upon existing models of interpersonal emotion regulation and social regulation and offers intervention strategies within the two constructs of interpersonal emotional regulation and social regulation. Covering topics such as emotional competencies, organizational leaders, and social appearance anxiety, this premier reference source is an excellent resource for business leaders, human resource managers, libraries, students and educators of higher education, psychologists, sociologists, researchers, and academicians.



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