

Coping Mechanisms for First-Year Students Transitioning to Higher Education

Part of the Advances in Higher Education and Professional Development Book Series

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Description:

Transitioning from secondary to higher education is not a natural step for many first-year students in higher education institutions. There is a considerable difference between being a student at school and university, and previous research has highlighted the difficulties faced by first-year university students during their transition phase. Higher education institutions and their departments acknowledge the challenges faced by new students, and they differ in their approach to coping with the issue; each seeks to find the most effective solution for its students. To reduce the withdrawal rate during the first year of college, higher education providers are expected to apply transition programs to help students transition.

Coping Mechanisms for First-Year Students Transitioning to Higher Education presents a comprehensive account of the dynamics in higher education institutions and culture shock for new students and analyzes models and theories of adjustment of new students in higher education institutions. Covering key topics such as gender, institutional support, and success factors, this reference work is ideal for administrators, higher education professionals, researchers, scholars, academicians, practitioners, instructors, and students.



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Adjustment
Coping Mechanisms
Cultural Adjustment
First-Year Students

Gender
Higher Education
Institutional Support
Psychological Adjustment Challenges
Success Factors

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(Research Recommended)

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