

# Physical Education Initiatives for Early Childhood Learners

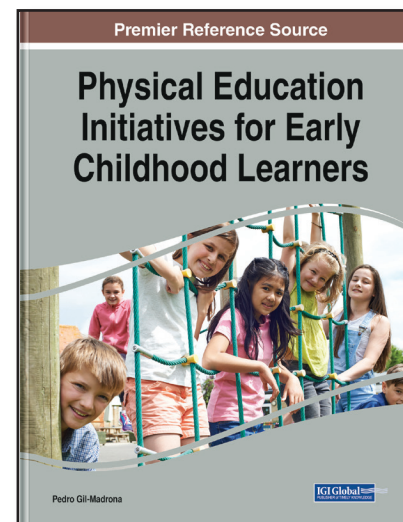
Part of the Advances in Early Childhood and K-12 Education Book Series

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## Description:

In early childhood education, children find in their own body and movement the main way to get in touch with the reality that surrounds them and, therefore, acquire knowledge about the environment in which they grow and develop. Undoubtedly, the progressive discovery of the body itself as a source of feelings and sensations, as well as exploring the different possibilities of action and bodily functions, constitutes necessary experiences on which children's thinking is built. Furthermore, the affective relationships established in psychomotor education situations, and particularly through play, are essential for the emotional development of children.

**Physical Education Initiatives for Early Childhood Learners** offers globalized educational practices, didactic approaches, and proposals for intervention around motor development in the children ages 0-6 years. The book specifically explores laterality, coordination, relaxation, rhythm, etc. and how these are achieved through games, music, and motor stories. This book is ideal for early childhood educators, physical education teachers, administrators, daycares, preschools, early childhood learning centers, researchers, academicians, and students interested in physical education's role in early child development.



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## Topics Covered:

Active Breaks

Early Childhood Development

Gamification

Learning Environments

Motor Development

Physical Activity

Play in Early Childhood

Recess

Sensory Stimulation

Special Education

Student Evaluation

Teacher Education

**Subject:** Education

**Classification:** Edited Reference

**Readership Level:** Advanced-Academic Level  
(Research Recommended)

**Research Suitable for:** Advanced Undergraduate Students; Graduate Students; Researchers; Academicians; Professionals; Practitioners

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